**TEN DAILY QUESTIONS**

1) Did I awake spiritual, in happy prayerful attitude, and was I watchful to keep my mind from wandering this morning?

2) Have I this day kept my mind clean, my thoughts and contemplations on "the things above," in continuous happy, positive, prayerful attitude?

3) Have I, as a "babe in Christ," partaken three times today of spiritual food, by submissive Bible study and earnest prayer ALONE with God? Have I grown closer to God? Have I GROWN today in grace and knowledge?

4) Have I walked by FAITH, asking God for wisdom and guidance in all things, committing every little problem to Him, trusting Him with it?

5) Have I exercised self-discipline, denying impulse, doing what God's Word shows I ought to do instead of what I WANTED to do?

6) Was my speech and conversation today kind, cheerful, soft?

7) Have I exercised patience today? Have I been charitable toward others, showing tolerance and love, or resentment, jealously, anger?

8) Have I, while putting spiritual interests FIRST, been diligent in performing regular material duties today, doing my VERY BEST?

9) Have I made the most of my time, or been weakened by unwatchfulness?

10) What have I done for God's work and for others? Have I spent anything today to please self that might have been saved for God's cause?

"Wherefore, let a man EXAMINE himself."

From the 14 February, 1941 *Co-Worker Letter* - Herbert W Armstrong.